

Saturday, 20th January, 2024  
Level D Orienteering Race  
Rhinefield, New Forest

**Possible icy conditions** Please take extra care at the event, especially in and around the car park as some of the paths and surfaces may be frozen and slippery.  
Also, there is a (very small) chance that the cold weather may affect the EMIT controls. We advise taking a back-up card.

**Location:** The car park and event centre are at Blackwater car park, on Rhinefield Ornamental Drive, approximately 4 miles SW of Lyndhurst.  
Grid ref SU267046.  
Nearest postcode is SO42 7QB.  
Lat/Long 50°50'26.5"N 1°37'18.0"W.  
what3words: figs.finest.peach  
The event will be signposted from the Rhinefield Ornamental Drive

**Parking:** Parking is at the Blackwater car park that is shared with the general public. **NB: WE HAVE NOW REACHED THE MAXIMUM NUMBER OF CARS THAT FORESTRY ENGLAND PERMITS US. AS WE ARE SHARING THE CAR PARK WITH THE PUBLIC, CAR PARKING WILL BE VERY BUSY - PLEASE CAR-SHARE IF YOU CAN.**

**Timing:**

Registration:	10:15 – 11:45
Start times:	10:30 – 12:00
Courses close	13:30

**Facilities:** There is a public toilet block next to the car park.

**Entry:** **There will be no entry on the day.** Individual entry fees will only be refunded, minus admin fee, if cancelled at least 7 days before the event when map numbers are decided and printed.

<b>Courses:</b>	Course	Distance/Climb/Controls			Course	Distance/Climb/Controls		
	Blue	7.4km	<15m	20	Orange	2.8km	<15m	12
	Green	5.4km	<15m	15	Yellow	2.4km	<15m	8
	St Green	4.1km	<15m	12				

**Map:** Scale 1:10,000. Control descriptions will be printed on the map. There is no map legend for Blue, Green and St Green.

**Terrain:** Typical New Forest terrain of relatively flat, runnable woodland, with some areas of thicker undergrowth and lots of tracks/rides. Blue and Green will have two road crossings (unmanned).

**Planner's comments:** The courses were planned in September when the ground was wet and the bracken high, so I have avoided the streams and very marshy areas, however the ditches are still full of water and some rides are muddy - take care.

Given that there are not many contour features or hills to climb, the courses are all at the longer length allowed by the rules: The junior courses are designed for the runner to use "Hand rails and Crash barriers", whilst the more experienced Orienteers will be tested by the multiple route choices.

**Other users in the area:** We are sharing the area with the general public, dog-walkers, horse-riders and cyclists, notably visitors to the arboretum near the start/finish. Please be courteous when you encounter them.

**Event Centre & Start/Finish :** Assembly area (registration/download) are in the picnic area next to the car park. Punching start (turn up and run). Start and Finish are both close to the event centre (approx. 200m away, across the Rhinefield Ornamental Drive, between the road and the arboretum).

**Clothing:** Full leg cover must be worn. Whistles should be carried. In adverse weather we may ask you to wear a cagoule or similar waterproof top.

**Bio-security:** Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance that helps protect our precious environment:

- Check
- Clean
- Dry

Before leaving the event **check** your clothing and equipment and remove any mud, soil or leaf litter.

Once home thoroughly **clean** your footwear and clothing and then leave it to **dry** for as long as possible.

**Hazards:** Blue, Green and St Green will have 2 road crossings (unmanned). The road is relatively quiet but will still have regular traffic. Please take care crossing this road.

Please be aware of the risk of ticks and Lymes disease. The area is frequented by ponies, deer and livestock and the usual precautions to avoid infection apply.

**Safety:** The safety bearing is South-East. Courses close at 13:30 hrs. Competitors attending the event alone **MUST** leave their car key at Registration.

All competitors must report to Download even if retiring from the event.

Orienteering is a physically challenging sport. Competitors take part at their own risk.

**Photography and O-Safe:** There are no official photographers for this event. Photography is not allowed in the toilets or any "changing area" including the car park.

Any concerns with photography or the behaviour of anyone toward any child or young adult must be reported to the event organiser or other official.

**Safeguarding is everyone's responsibility, play your part, report any concerns and put good practice into effect.**

**Dogs:** Well-behaved dogs are welcome. They should be kept on a lead in the car park and event centre. On the course, they should be kept under control and on a lead when necessary - especially near the road crossings.

**Risk assessment:** A comprehensive risk assessment has been carried out by the organiser and will be available to read at the event. Participants take part at their own risk and are responsible for their own safety during the event.

**Insurance:** The British Orienteering insurance policy provides public liability cover. Please note that if you have competed in three orienteering events and have not joined an orienteering club that is a member of British Orienteering, then you are not covered by this insurance.

**Medical conditions:** If you have a **High Risk Medical Condition** you are invited to download and complete this form: [https://www.britishorienteering.org.uk/images/uploaded/downloads/officials\\_handbook\\_safety\\_firstaid\\_medical\\_form\\_280514.doc](https://www.britishorienteering.org.uk/images/uploaded/downloads/officials_handbook_safety_firstaid_medical_form_280514.doc) and place it in a sealed envelope with your name on it. This can be left at registration. Envelopes will only be opened if required for a medical emergency. Unopened envelopes should be collected after the event. Any unclaimed envelopes will be destroyed after the event.

**Event cancellation:** If the event has to be cancelled for reasons beyond our control, SOC reserve the right to retain all or some of your entry fee to cover committed costs.

**Officials:** Planner: Mr Iain Robinson  
Organiser: Mrs Annika Greenwood & Mr Doug Greenwood –  
07879 446613