

Saturday, 7th March, 2015

Wessex Night League Lyndhurst, New Forest.

- Location:** The event is based at Lyndhurst Cricket Club, Bolton's Bench. (There are multiple car parks here – please use the highest one).
Grid ref: SU307082. Nearest postcode: SO43 7DA. Signposted from A35, just outside of Lyndhurst.
- Courses:** 60 minute Wessex Night League score event (exact format will be confirmed at a later date).
There will also be a Yellow course suitable for beginners.
Under 16s on the score course must be accompanied by an adult.
- Timing:** Registration: 17:15 - 18:30
Start times: 17:30 (or as soon as it gets sufficiently dark) – 18:45
- Facilities:** Toilets, changing.
- Entry:** Entry on the day. EMIT touch-free timing system (free of charge).
- Fees:** Seniors £6 Juniors £3
- Map:** Scale 1:5,000, 5m contours, updated Winter 2014/15. Courses and control descriptions will be over printed on A3 waterproof paper (email to reserve a map).
- Terrain:** Controls will be placed in Lyndhurst as well as the western end of Matley Heath and Bolton's Bench. Terrain will vary from tarmac to soft (and maybe wet) ground, as you will be running in both urban and open heathland.
- Clothing:** Both courses will require a headtorch and a high-vis top.
- Safety:** The roads around Lyndhurst can be busy – take care. The Yellow course will cross one very slow minor road through the Bolton's Bench area.
- Officials:** Planner: Tim Morgan timmorgan54@hotmail.co.uk
Organiser: Jane Morgan j.morgano3@btinternet.com

All competitors take part at their own risk.

Your personal details will be used for administering this event, distributing results and to inform you of our other events.

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